

My husband takes my arm and I lean on him heavily. I shuffle forwards inch by inch but soon have to stop and rest because walking is painful. I imagine this is what it will be like in 40 years or so - clinging to each other, one of us with a stick, the other hard of hearing, chatting about the high price of ham, our hernias and how hot the summers have become. On Christmas Eve I had a tobogganing accident. It was cold and icy and we improvised a sledge: a huge piece of plastic with string attached. The snowy hill looked as beautiful and seductive as a scene from Narnia and we wanted to be on it. The children

tobogganed like experts, going neither

too fast nor too slow, but when it was my turn the toboggan roared down the hill at a terrifying, out-of-control pace and crashed into a tree, just short of an icy lake. I was whisked to A&E in an ambulance, high on morphine, chatting animatedly but wincing with pain. The male nurses sashaved about

reminded me of the actor John Simm.

and he told me that in his opinion

nothing was broken but a doctor

would give the final verdict. Two

weeks later my husband is still

their duties with tinsel coiled around their necks and toy antlers on their heads, saucy and smirking. I was X-rayed by a quirky technician who

the swelling while I sit and read the exquisite, bittersweet stories in Perfect Lives by Polly Samson. Relying on my husband for sustenance and peace of mind reminds me of when we first met in Yemen, while covering travel stories for separate magazines. On Day Five I was struck down with "acute Empty Quarter — guarded by a

bringing me hot water bottles and

gastroenteritis". It wasn't exactly

romantic, but somewhere in my

subconscious I decided that this

time I was sick would make a good

good sense of humour. Few men

rugged man who held my head every

husband — reliable and caring, with a

frozen ice packs to quell the pain and

on the edge of the desert who happened to have a saline drip in his bag, which restored me to health. The rugged photographer was, and he stood by, mopping my brow and giving me sips of Coca-Cola. When I recovered we drove miles across the hot, dusty desert - the

would have been resourceful enough

to find a holidaying Egyptian doctor

plant gat. The trip was arduous and at times scary but it glued us together for ever. Dear reader, three years later married him.

truculent man nursing a Kalashnikov

while the driver chewed the narcotic